

**Data Table 1.** Individual student food diary by day for each of three days.

<i>(Record)</i>				<i>(Record from reference)</i>			<i>(Calculate)</i>					
		Trophic Level		A	B	C	D	E	F	G	H	I
<b>DAY 1</b>		First	Higher	Portion consumed	Estimated Portion Weight	Serving size	kcal per serving	g fat per serving	kcal in portion	g fat in portion	First Trophic Level EPE	Higher Trophic Level EPE
Food Item												
<b>Day 1 Totals:</b>												

**Data Table 1.** Individual student food diary by day for each of three days. *Continued.*

<i>(Record)</i>				<i>(Record from reference)</i>			<i>(Calculate)</i>					
		Trophic Level		A	B	C	D	E	F	G	H	I
<b>DAY 2</b>		First	Higher	Portion consumed	Estimated Portion Weight	Serving size	kcal per serving	g fat per serving	kcal in portion	g fat in portion	First Trophic Level EPE	Higher Trophic Level EPE
Food Item												
<b>Day 2 Totals:</b>												

**Data Table 1.** Individual student food diary by day for each of three days. *Continued.*

<i>(Record)</i>				<i>(Record from reference)</i>			<i>(Calculate)</i>					
		Trophic Level		A	B	C	D	E	F	G	H	I
<b>DAY 3</b>		First	Higher	Portion consumed	Estimated Portion Weight	Serving size	kcal per serving	g fat per serving	kcal in portion	g fat in portion	First Trophic Level EPE	Higher Trophic Level EPE
<b>Food Item</b>												
<b>Day 3 Totals:</b>												