

Trail Runs

Location:	Ala Archa Park, Kyrgyzstan
Date:	July 13, 2006
Distance:	18 Miles
Net Gain:	6,330 Feet
High Point:	13,120 Feet
Time:	5 Hours

Trail Head—2,070 Meters (6,790 Feet)



Alpine Meadow



Alpine Meadow





Ak-Say Drainage

View of Alpine Meadow and Ak-Say Valley



View of Ak-Say Valley and Trail Leading to Ratsek Base Camp



View of Ak-Say Valley



Approaching Ratsek Base Camp



Ratsek Base Camp—3,300 meters (10,825 feet)





View of
Baychechekey
from Base
Camp

Mountaineers' Memorial



Ak-Say Ice Fall





View of Trail to
Korona, Izyskatel' and
Free Korea
(On Left Side)
Skirting Ak-Say Ice Fall



Flat Iron
(Decent Climbing)
On Ascent of
Uchitel'

Flat Irons on Ascent of Uchitel'



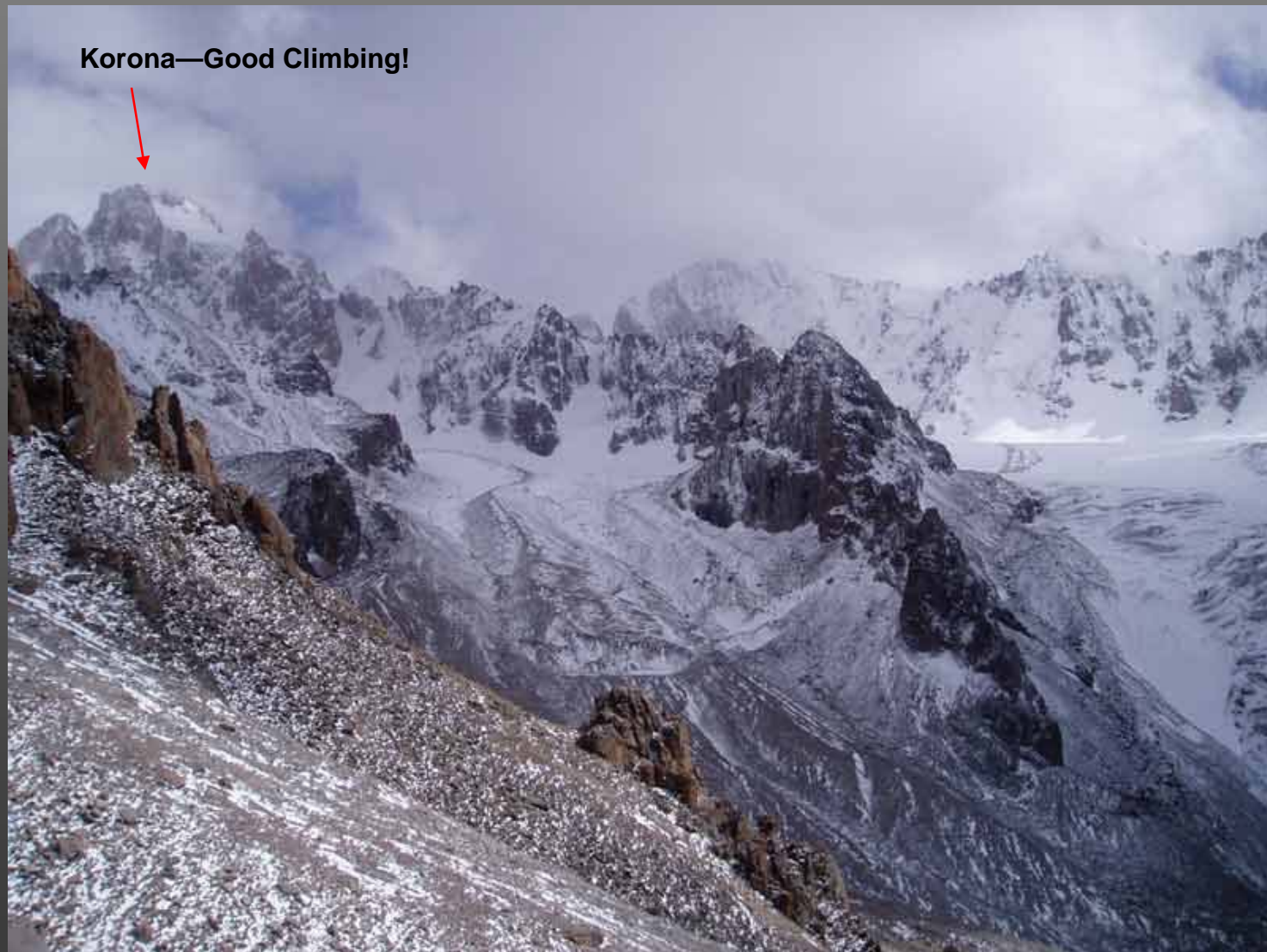
Looking Back on Base Camp (From Uchitel')



Looking Down Onto Ak-Say Glacier from Uchitel'
Summit Ridge—4,000 meters (13,120 feet)



View of Korona Peak and Uchitel' and Ak-Say Glaciers (From Uchitel' Summit Ridge)



Back in the Valley

