

## Evan M. Kleiman, M.A.

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### Education

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**George Mason University**  
Fairfax, VA

Degrees (date):  
M.A. Clinical Psychology (Received 1/2010)  
Ph.D. Clinical Psychology (Expected 5/2013)  
Principal Advisor: John H. Riskind, Ph.D.

**Temple University**  
Philadelphia, PA

Bachelor of Arts in Psychology (Honors)  
Magna Cum Laude  
Received 5/2008  
Principal Advisor: Lauren B. Alloy, Ph.D.

### Theses

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***Second Year Project: A Social-Cognitive Model of Buffers to Suicide***

An initial test of several Social-Cognitive buffers to suicide such as optimism, positive interpersonal events, and social support. (In progress)

***Honors Thesis: The Efficacy of a Concept-Based Studying Method for Introductory Psychology Students***

A tutoring program and a schema-based system of studying are discussed. This thesis was funded by an internal grant from Temple University's Office of the Vice Provost.

### Honors and Awards

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- George Mason University Department of Psychology Outstanding Teaching Assistant Award (2009)
- George Mason University Department of Psychology Graduate Student Fellowship (2008-2009, 2009-2010)
- Temple University Department of Psychology Service Recognition Award
  - Nominated for 3 other Temple University Baccalaureate Awards in Spring 2008
- Temple University College of Liberal Arts Deans' Scholar (Spring 2007)
- Temple University Diamond Peer Scholar
- Dean's List at Temple University (Every semester Spring 2005-Spring 2008)
- Newtown Elementary School Alumni Scholarship

### Research Experience:

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Fall 2008-Present     **Research Associate to Dr. John H. Riskind**  
George Mason University, Fairfax, VA

Description of Dr. Riskind's Work: Dr. John Riskind is an internationally recognized researcher in the area of mood disorders and Cognitive-Behavioral Therapy. He is most well known for his work on Anxiety Disorders and the Looming Maladaptive Style.

Duties:

- Managing team of undergraduate research assistants.
- Co-investigator on several studies
- Author on several manuscripts in preparation.

## Research Experience (continued):

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Oct 2006- Aug 2008    **Research Assistant to Dr. Lauren B. Alloy**  
Temple University, Philadelphia, PA  
Supervisor: Dr. Lauren B. Alloy, Joseph Wolpe Professor of Psychology and Director of Clinical Training

Description of Dr. Alloy's Work:

Dr. Lauren Alloy is internationally recognized for her work in mood disorders, specifically depression and bipolar disorder. Her work has been directed towards adolescents and understanding the cognitive, psychosocial, developmental, and psychobiological risk factors for prospective onset of mood disorders.

Duties:

- Conducting studies using EEG and EKG assessments
- Artifacts EEG data.
- Development of the Electronic Questionnaire (EQ) , a software program designed to give a range of psychological assessments.
- Development of electronic screening system for the BIS/BAS, SPSRQ, and a proprietary demographics screener.
- Conducting interviews using the SADS-L structured diagnostic interview
- Data entry and data analysis via SPSS for grant proposals and research purposes.

## Teaching Experience

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At Mason

Fall 2010            PSYC231: Social Psychology (120 student section)  
                          PSYC491: Psychology Honors (TA)

Summer 2010        PSYC301: Research Methods Lab (2 Sections)

Spring 2010         PSYC491: Psychology Honors (TA)

Fall 2009            PSYC491: Psychology Honors (TA)

Spring 2009         PSYC301: Research Methods Lab (2 sections)  
                          PSYC100: Introductory Psychology Recitation (2 sections)

Fall 2008            PSYC301: Research Methods Lab (2 sections)  
                          PSYC100: Introductory Psychology Recitation (2 sections)

At Temple

Spring 2007-2008    **Director, Psychology Tutoring Program**  
Created tutoring program for Introductory Psychology students. Funded by an internal grant.

Fall '05-Fall '08     **Peer Instructor, Freshmen Seminar Program**

## Clinical Experience

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- October 2009      **ABPP Early Entry Program**
- Sept 2009 – Present      **Student Psychotherapist, Center for Psychological Services**  
George Mason University, Fairfax, VA  
Supervisors: John H. Riskind, Ph.D., James Maddux, Ph.D., Robyn Mehlenbeck, Ph.D.,  
Jerome Short, Ph.D.  
Provide weekly therapy sessions to clients presenting with a variety of psychopathology.  
Attended weekly one-on-one supervision sessions.
- Sept 2009 – Present      **Psychodiagnostic Evaluator, Center for Psychological Services**  
George Mason University, Fairfax, VA  
Supervisor: Joy Granetz, Ph.D.  
Perform comprehensive assessments for a variety of psychopathology.
- Jan 2008 – Present      **Psychodiagnostic Evaluator, Cognitive Assessment Program**  
George Mason University, Fairfax, VA  
Supervisors: Joy Granetz, Ph.D., Dawna Thompson, Ph.D.  
Perform assessments of cognitive functioning for children 7–12 years old for Fairfax  
County’s Gifted and Talented Program.
- Aug 2005-Present      **Counselor, Weekend for Improving Social Effectiveness**  
Behavior Therapy Associates, Wycombe, PA  
Supervisor: Dr. Michael C. Selbst, Ph.D., BCBA  
Social skills training and one on one and group interaction with children age 6-15 suffering  
from ASD, PDD, CD, ODD, ADHD, and other co-morbid conditions.

## Other Experience

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- 8/03-8/08      **Valet Manager**  
Spring Mill Country Club, Ivyland, PA  
Promoted from valet to manger. Managed staff of 25 valets.
- June '01- Present      **Senior Counselor**  
Briarwood Day Camp, Wycombe, PA  
Daily supervision and instruction of 15 or more elementary aged children. In 2006 and  
2008, I was a color games captain, which included planning activities and supervising over  
200 elementary-age children and 20 counselors for a week of team games.

## Memberships

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- Student Member, Society for a Science of Clinical Psychology, March 2008-
- Student Member, International Association for Cognitive Psychotherapy
- Student Member, Association for Behavior and Cognitive Therapy, September 2007-
- Member, Psi Chi (The national honors society in Psychology).
- Member, Temple University Psychology Majors Association, 2006-2008
- Student Affiliate, American Psychological Association January 2005-
  - Member, Division 2: Society for the Teaching of Psychology

## Funding

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### Temple University Diamond Peer Scholar Program

\$2500 award from the Office of The Vice Provost

### George Mason University Graduate Student Travel Fund

\$137 provided by the Office of Student Activities

### Community Psychology Project: Needs Assessment for the Northern Virginia Autistic Community

\$1200 provided by Parents of Autistic Children of Northern Virginia (POAC)

\$1200 provided by the Organization for Autism Research

## Publications

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Smith, J.M., Sanflippo, J., **Kleiman, E.**, Reilly, D., Bender, R.E., Wagner, C., Liu, R., Marley, B., & Alloy, L.B. (in press) *An experiential avoidance conceptualization of depressive rumination: Three tests of the model*. Behaviour Research and Therapy.

Black, D.O., Riskind, J.H., & **Kleiman, E.M.**, (in press). *Lifetime History of Anxiety and Mood Disorders Predicted by Cognitive Vulnerability to Anxiety*. International Journal of Cognitive Psychotherapy.

## Manuscripts Under Editorial Review

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Goldstein, K.E., Bender, R.E., Nusslock, R., Alloy, L.B., Black, S.K., Conner, B.T., Peterson, C.K., Harmon-Jones, E., **Kleiman, E.**, Whitehouse, W.G., & Abramson, L.Y. *Frontal EEG asymmetry in individuals with bipolar spectrum disorders as a predictor of substance and alcohol use problems*.

## Manuscripts in Preparation

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Riskind, J.H. & **Kleiman, E.M.**, Schaefer, K.E., (2010) *Positive Experiences Buffer Negative Experiences in Depression but not Anxiety*. Manuscript in preparation.

**Kleiman, E.M.**, Riskind, J.H., & Kashdan, T.B., (2010) *Buffers to Suicide: A Review of Social Cognitive Protective Factors*. Manuscript in preparation.

Riskind, J.H., **Kleiman, E.M.**, & Mann, B., (2010) *The Sense of Looming Vulnerability to Biological Terrorism*. Manuscript in preparation.

## Conference Presentations (n = 17)

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**Kleiman, E.M.**, Schaefer, K.E., Weingarden, H., Weismore, J., Riskind, J.H., & Esposito-Smythers, C.L. (2010) *The Mediating Role of Social Support on the Relationship Between Impulsivity and Suicide Risk*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapy. San Francisco, CA.

**Kleiman, E.M.**, Schaefer, K.E., & Riskind, J.H. (2010) *The Mediating Role of Positive Events on the Relationship Between Negative Life Events and Distress*. Poster to be presented at the Association for Behavioral and Cognitive Therapies Meeting, November 2010, San Francisco, CA.

**Kleiman, E.M.**, Schaefer, K.E., Weismore, J.T., Bhathia, C., Halstead, M., Riskind, J.H., Esposito-Smythers, C (2010). *The Role of Optimism as a Protective Factor in the Relationships Between Dysfunctional Attitudes, Depression, and Suicide*. Poster to be presented at the Association for Behavioral and Cognitive Therapies Meeting, November 2010, San Francisco, CA.

## Presentations (continued)

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- Kleiman, E.M.,** Riskind, J.H., & Schaefer, K.E., A Longitudinal Examination of the Effects of Co-Occurring Cognitive Vulnerabilities to Anxiety and Depression on their Co-morbid Symptoms. Poster to be presented at the Association for Behavioral and Cognitive Therapies Meeting, November 2010, San Francisco, CA.
- Kleiman, E. M.,** Schafer, K., Riskind, J.H., (2010). *Examining the Effects of Co-Occurring Cognitive Vulnerabilities and Comorbid Anxiety and Depression.* Poster presented at the World Congress of Cognitive and Behavioral Therapies. June, 2010, Boston, MA.
- Kleiman, E.M.,** Esposito-Smythers, C., Weismoore, J., & Riskind, J.H., (2009). *The Role of Positive Life Events on Suicide and NSSI in an Adolescent Psychiatric Inpatient Unit.* . Poster presented at the Association for Behavioral and Cognitive Therapies Meeting, November, 2009, New York, NY.
- Kleiman, E.M.,** Marley, B.A., Smith, J., Liu, R.T., Bender, R.E., Wagner, C., & Alloy, L.B., (2009) *Linking Rumination with Behavioral Disengagement and Self-Blame Coping Styles.* Poster presented at the Association for Behavioral and Cognitive Therapies Meeting, November, 2009, New York, NY.
- Riskind, J.H., Denenny, D., Shaver, J., **Kleiman, E.M.,** Wilson, A., Bhathia, C.A., Abdallah, J., Lim, Y.B., & Costello, S., (2009) *Thought Suppression and the Bizarreness of Intrusive Thoughts.* Poster presented at the Association for Behavioral and Cognitive Therapies Meeting, November, 2009, New York, NY.
- Goldstein, K.E., Bender, R.E., Nusslock, R., Alloy, L.B., Black, S.K., Conner, B.T., Peterson, C.K., Harmon-Jones, E., **Kleiman, E.,** Whitehouse, W.G., & Abramson, L.Y. (2009) *Frontal EEG asymmetry in individuals with bipolar spectrum disorders as a predictor of substance and alcohol use problems.* Poster presented at the Society for Research in Psychopathology Meeting, September, 2009, Minneapolis, MN.
- Walshaw, P. D., Alloy, L. B., **Kleiman, E.,** & Keyser, J. (2008). Prefrontal function in bipolar disorder and attention-deficit hyperactivity disorder during rest, inhibition, and reinforcement. Poster presented at the Association for Behavioral and Cognitive Therapies Meeting, November, 2008, Orlando, FL.
- Kleiman, E.M.,** Weisberg, R.W. (2008). *The Efficacy of a Concept-based Studying Method for Introductory Psychology Students.* Poster presented the at 2008 Temple University Honors' Poster Symposium. Philadelphia, PA.
- Goldstein, K.E., Peterson, C.K., Harmon-Jones, E., Alloy, L.B., **Kleiman, E.,** Nusslock, R., Reilly, D., Abramson, L.Y., Whitehouse, W.G., (2008). *Cognitive style and frontal EEG asymmetry during increased goal-striving in bipolar disorder.* Poster presentation at the 48<sup>th</sup> Annual Society for Psychophysiology Research Convention, Austin, TX.
- Smith, J.M., Sanflippo, J., Liu, R., **Kleiman, E.,** Reilly, D., Feldman, K., Wagner, C., Bender, R., and Alloy, L.B. (2007) *Experiential Avoidance Strategies in High Ruminating University Students.* Poster presented at the Association for Behavioral and Cognitive Therapies Meeting, November, 2007, Philadelphia, PA.
- Wagner, C.A., Bender, R.E., Smith, J., Hughes, M., Sanflippo, J., Liu, R., **Kleiman, E.,** Reilly, D., Feldman, K., and Alloy, L.B. (2007) *Emotional Expressiveness as a Predictor of Affective Response to a Negative and Positive Mood Induction.* Poster presented at the Association for Behavioral and Cognitive Therapies Meeting, November, 2007, Philadelphia, PA.
- Sanflippo J., Smith J.S., Liu R., **Kleiman E.,** Reilly D., Bender R., Wagner C., Alloy L.B., (2007). *Gender Role Orientation and Depressogenic Risk Factors in University Students.* Poster presented at the Association for Behavioral and Cognitive Therapies Meeting, November, 2007, Philadelphia, PA.

## Presentations (continued)

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Keyser, J.D., Gerstein, R. K., Jager-Hyman, S., Liu, R., **Kleiman, E.**, Walshaw, P.D. & Alloy, L.B., (2007). *Does alcohol and substance use predict lifetime and prospective suicidal behaviors in bipolar individuals?* Poster presented at the Association for Behavioral and Cognitive Therapies Meeting, November, 2007, Philadelphia, PA.

Sanflippo J., Smith J.S., Liu R., **Kleiman E.**, Reilly D., Bender R., Wagner C., Alloy L.B., (2007). *Gender Role Orientation and Depressogenic Risk Factors in University Students.* Poster presented at 2007 Temple Undergraduate Research Forum and Creative Works Symposium (TURF-CReWS). Philadelphia, PA.

## Published Abstracts

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Goldstein, K.E., Peterson, C.K., Harmon-Hones, E., Alloy, L.B., **Kleiman, E.**, Nusslock, R., Reilly, D., Abramson, L.Y., Whitehouse, W.G., & S. (2008). Cognitive style and frontal EEG asymmetry during increased goal-striving in bipolar disorder. *Psychophysiology*, 45, S47

## Talks

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Riskind, J.H., **Kleiman, E.M.**, Schaefer, K.E. (2010), Cognitive Vulnerability to Anxiety in Stress Generation: Interactions between the Looming Cognitive Style and Anxiety Sensitivity. Paper submitted to be presented as part of a Symposium on Stress Generation at the Association for Behavioral and Cognitive Therapies Meeting, November 2010, San Francisco, CA.

**Kleiman, E.M.**, (2010). *Internet Data Collection.* Presentation given at the Clinical Psychology Brown Bag Series, George Mason University

**Kleiman, E. M.**, (2008). *Potential Buffers to Suicide.* Presentation given at the Clinical Psychology Brown Bag Series, George Mason University.

**Kleiman, E.M.**,(2008). *The Efficacy of a Concept-based Studying Method for Introductory Psychology Students.* Presentation given at 2008 Temple Undergraduate Research Forum and Creative Works Symposium (TURF-CReWS). Philadelphia, PA.

## Service to the Department

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### At Mason

#### **GMU Psychology TA Teaching Materials Repository**

Created a website to allow previous TAs to share materials with new TAs.

#### **Designer, Clinical Psychology Website**

Created new web design and oversaw migration of content from old design to new design. (Supervisor: Jerome Short, Ph.D.)

### At Temple

#### **Vice President, Psi Chi, Temple University Chapter**

#### **Student Government Representative, Psi Chi, Temple University Chapter**

#### **Vice President for Student Affairs, Temple University Psychology Majors Association**

## Service to the Community

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### **Community Psychology Project: Needs Assessment for the Northern Virginia Autistic Community**

Conducting a needs assessment for services to Northern Virginia Autistic Community. This project intends to assess the financial, educational, social, and medical needs for families of Autistic Children in the Northern Virginia Area. This project is being conducted in partnership with Parents of Autistic Children of Northern Virginia (POAC-NoVA), Autism Society of Northern Virginia (ASNV), and the Organization for Autism Research (OAR). (Supervisor: Lisa Meier, Ph.D)

### **Designer, Society for the Psychological Studies of Lesbian, Gay, Bisexual, and Transgender Issues (APA Division 44) Members Database**

Creating a searchable database for members of APA Division 44 to disseminate information for mentorship and consulting relationships (Supervisor: Jonathan Mohr, Ph.D.)

### **Head Judge and Coordinator, Philadelphia Area Psi Chi Psychology Research Conference, 2008**

Responsibilities included website design and maintenance, training judges, and coordinating the research day event.

### **Judge, Philadelphia Area Psi Chi Psychology Research Conference, 2007**

### **Webmaster, Various Departmental, Lab, and Community Websites**

Created new web design and oversaw migration of content from old design to new design of the following websites:

- GMU Cognitive Assessment Program (<http://cap.gmu.edu>)
- GMU Center for Psychological Services: (<http://psyclinic.gmu.edu>)
- GMU Biopsychology Program Website: (<http://psychology.gmu.edu/GMUBio/>)
- GMU Applied Developmental Psychology Program Website: (<http://psychology.gmu.edu/ADP/>)
- Dr. John Riskind's Cognitive Vulnerability to Anxiety Lab Website: (<http://www.cvastudies.org>)
- Dr. Todd B. Kashdan's Laboratory Website: (<http://psychology.gmu.edu/kashdan/>)
- Dr. Adam Winsler's Laboratory Website (<http://psychology.gmu.edu/ADP/winslab/>)
- Dr. Carolyn Murphy's Clinical Practice Website (<http://www.carolynmurphyphd.com>)

## Computer Skills

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- **Programming languages:** HTML, php, Runtime Revolution, VBScript, MySQL
- Web page development
- Database design and management
- Proficient in Windows XP and Vista, Mac OS X and Classic Mac OSes.
- Proficient in Microsoft Office, Adobe Dreamweaver, and SPSS

## Other Skills

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- Electroencephalogram and Electrocardiogram Acquisition
- EEG and EKG Artifacts
- Temple University IRB and George Mason University HSRB certification for Human Subjects Participation in Research and Research Ethics

## Tests Administered

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### **Structured Interviews (Volunteer, Client, Research)**

Schedule for Affective Disorders and Schizophrenia- Lifetime Version (SADS-L) [1,0,5]

Structured Clinical Interview for DSM Diagnoses (SCID-IV) [3,0,0]

Self-injurious Thoughts and Behaviors Interview (SITBI) [0,0,25]

### **Clinical Measures**

Conners' Continuous Performance Test (CPT-II) [0,3,12]

Beck Depression Inventory (BDI-II) [2,31,15]

Beck Anxiety Inventory (BAI) [2,31,0]

Beck Hopelessness Scale (BHS) [0,31,0]

Test of Every Day Attention (TEA) [0,0,1]

### **Intellectual/Achievement Assessments**

Weschler Adult Intelligence Scale (WAIS-IV) [2,3,0]

Stanford-Binet Intelligence Scales (SB5) [1,0,0]

Weschler Intelligence Scale for Children (WISC-IV) [2,12,0]

Woodcock Johnson Tests of Cognitive Ability (WJ-COG III) [1,3,0]

Woodcock Johnson Tests of Achievement (WJ-Ach III) [2,3,0]

Delis-Kaplin Executive Functioning System (DKEFS; selected subtests) [0,2,0]

Test of Written Language (TOWL) [0,1,0]

### **Personality Assessment**

Personality Assessment Inventory (PAI) [2,1,0]

Minnesota Multiphasic Personality Inventory (MMPI) [2,0,0]

Milon Clinical Multiaxial Inventory (MCMI-III) [1,0,0]

Behavior Rating Inventory of Executive Function - Adult (BRIEF-A) [0,5,0]

Achenbach Behavior Assessment System (ABAS) [0,1,0]

## References

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Available upon request.