

# Evan M. Kleiman, M.A.

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## Education

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**George Mason University**  
Fairfax, VA

Ph.D. Clinical Psychology  
Expected 8/2014  
Principal Advisor: John H. Riskind, Ph.D.

**Temple University**  
Philadelphia, PA

Pre-Doctoral Internship Consortium  
Start date 7/2013  
Research Preceptor: Michael McCloskey, Ph.D.

**George Mason University**  
Fairfax, VA

M.A. Clinical Psychology  
Received 1/2010  
Principal Advisor: John H. Riskind, Ph.D.

**Temple University**  
Philadelphia, PA

Bachelor of Arts in Psychology (Honors)  
Magna Cum Laude  
Received 5/2008  
Principal Advisor: Lauren B. Alloy, Ph.D.

## Honors and Awards

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- Beck Institute Scholarship (2013)
- Greater Good Science Center Dissertation Research Fellow (2013-2014)
- George Mason University Department of Psychology Outstanding Teaching Assistant Award (2009, 2013)
- Society for the Science of Clinical Psychology (SSCP) Dissertation Award (2012)
- Sigma Xi (Full Member)
- GMU College of Humanities and Social Sciences Dissertation Completion Award (2012)
- Association for Psychological Science Student Caucasus Travel Award (2012)
- George Mason University Outstanding Clinical Psychology Graduate Student (2012)
- George Mason University Department of Psychology Graduate Student Fellowship (2008, 2009, 2010, 2011)
- Temple University Department of Psychology Service Recognition Award
  - Nominated for 3 other Temple University Baccalaureate Awards in Spring 2008
- Temple University College of Liberal Arts Deans' Scholar (Spring 2007)
- Temple University Diamond Peer Scholar

## Publications (n = 24)

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**Kleiman, E.M.** & Liu, R.T. (in press) Long-term prospective prediction of suicide in a nationally representative sample: Religiosity as a protective factor. *British Journal of Psychiatry*.

Hamilton, J.L., Stange, J.P., **Kleiman, E.M.**, Hamlat, E., Abramson, L.Y., & Alloy, L.B. (in press) Cognitive Vulnerabilities Amplify the Effect of Early Pubertal Timing on Interpersonal Stress Generation during Adolescence. *Journal of Youth and Adolescence*.

**Kleiman, E.M.**, & Beaver, J.K., (in press) A meaningful life is worth living: Meaning in life as a suicide resiliency factor. *Psychiatry Research*.

Liu, R.T., Kraines, M.A., Puzia, M.E., Massing-Schaffer, M., **Kleiman, E.M.** (in press) Sociodemographic predictors of suicide means in a population-based surveillance system: Findings from the National Violent Death Reporting System. *Journal of Affective Disorders*.

**Kleiman, E.M.**, Riskind, J.H., & Schaefer, K.E., (In press) Social support and positive events as suicide resiliency factors: Examination of synergistic buffering effects. *Archives of Suicide Research*.

## Publications (continued)

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- Puzia, M. E., Kraines, M. A., Liu, R. T., & Kleiman, E. M. (in press). Early life stressors and suicidal ideation: Mediation by interpersonal risk factors. *Personality and Individual Differences*.
- Kleiman, E.M.**, & Riskind, J.H. (in press) Co-occurring cognitive vulnerability in the stress generation process: Interaction between depressive cognitive style and looming cognitive style. *Anxiety, Stress, and Coping*.
- Kaczmarek, L.D., Kashdan, T.B., **Kleiman, E.M.**, Baczkowski, N., Enko E., Siebers, A., ... Baran, B. (In press) Who self-initiates gratitude interventions in daily life? An examination of intentions, curiosity, and unhappiness. *Personality and Individual Differences*.
- Kleiman, E.M.**, Liu, R.T., (2013) Social support as a protective factor in suicide: Studies from American and English representative samples. *Journal of Affective Disorders*. 150, 540-545.
- Kleiman, E.M.**, Adams, L.M., Kashdan, T.B, & Riskind, J.H., (2013) Grit and gratitude indirectly reduce the risk of suicidal ideations by enhancing meaning in life: Evidence for a moderated mediation model. *Journal of Research in Personality*. 47, 539-546.
- Kashdan, T.B., Adams, L.A., **Kleiman, E.M.**, Pelham, W.E., & Lang, A.R. (2013) Stress-induced drinking in parents of boys with ADHD: Heterogeneous groups in an experimental study of adult-child interactions. *Journal of Abnormal Child Psychology*. 41, 919-927.
- Kleiman, E.M.**, Adams, L.M., Kashdan, T.B, & Riskind, J.H., (2013) Grateful Individuals are not suicidal: Buffering the risks of hopelessness and depressive symptoms. *Personality and Individual Differences*, 55, 595-599.
- Riskind J.H., **Kleiman, E.M.**, Weingarden, H., & Danvers, A. (2013) Cognitive vulnerability to anxiety in the stress generation process. *Journal of Behavior Therapy and Experimental Psychiatry*. 44, 381-387.
- Riskind, J.H., **Kleiman, E.M.**, & Schaefer, K.E., (2013) Positive experiences buffer negative experiences in depression but not anxiety. *Journal of Social and Clinical Psychology*, 32, 363-380.
- Kleiman, E.M.** & Riskind, J.H. (2013) Utilized social support and self-esteem mediate the relationship between perceived social support and suicide ideation: A test of a multiple mediator model. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 34, 42-49.
- Kleiman, E. M.**, Liu, R. T., & Riskind, J. H. (2013). Enhancing attributional style as a resiliency factor in depressogenic stress generation. *Anxiety, Stress & Coping*. 26, 467-474.
- Riskind, J.H., Calvete, E., Gonzalez, Z., Orue, I, **Kleiman, E.M.**, & Shahar, G. (2013) Direct and verbal threat cognitions mediated effects of looming cognitive style on social anxiety, depression, and hostility via verbal social threat cognitions. *International Journal of Cognitive Therapy*. 6, 73-85.
- Riskind, J. H., & Kleiman, E. M. (2012). Looming Cognitive Style, Emotion Schemas, and Fears of Loss of Emotional Control: Two Studies. *International Journal of Cognitive Therapy*, 5, 392–405.
- Kleiman, E. M.**, & Riskind, J. H. (2012). Cognitive vulnerability to comorbidity: Looming cognitive style and depressive cognitive style as synergistic predictors of anxiety and depression symptoms. *Journal of Behavior Therapy and Experimental Psychiatry*, 43, 1109–1114.
- Liu, R. T., & **Kleiman, E. M.** (2012). Impulsivity and the generation of negative life events: The role of negative urgency. *Personality and Individual Differences*, 53, 609–612
- Kleiman, E. M.**, Miller, A. B., & Riskind, J. H. (2012). Enhancing attributional style as a protective factor in suicide. *Journal of Affective Disorders*, 143, 236–240.
- Kleiman, E. M.**, Riskind, J. H., Schaefer, K. E., & Weingarden, H. (2012). The moderating role of social support on the relationship between impulsivity and suicide risk. *Crisis: The Journal of Crisis Intervention and Suicide Prevention*, 33, 273–279.

## Publications (continued)

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Giorgio, J. M., Sanflippo, J., **Kleiman, E.**, Reilly, D., Bender, R. E., Wagner, C. A., Liu, R. T., Alloy, L.B. (2010). An experiential avoidance conceptualization of depressive rumination: Three tests of the model. *Behaviour Research and Therapy*, 48, 1021-1031.

Black, D., Riskind, J. H., & **Kleiman, E. M.** (2010). Lifetime history of anxiety and mood disorders predicted by cognitive vulnerability to anxiety. *International Journal of Cognitive Therapy*, 3, 215-227.

## Invited Resubmissions

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**Kleiman, E.M.**, Liu, R.T., Riskind, J.H., & Hamilton, J.L., Depression as a mediator of negative cognitive style and hopelessness in stress generation. *Invited resubmission at British Journal of Psychology*.

**Kleiman, E.M.**, Liu, R.T., & Riskind, J.H., Can the Interpersonal Theory of Suicide explain the depression/suicidal ideation relationship? A short-term prospective study using structural equation modeling. *Invited resubmission at Behavior Therapy*.

**Kleiman, E.M.**, Kashdan, T.B., Montfort, S., Goodman, F., & Machell, K.A. Capitalization support during an initial social interaction predicts positive memory bias one week later. *Invited resubmission at Cognition & Emotion*.

**Kleiman, E.M.**, Law, K.C., & Anestis, M.D., Do theories of suicide play well together? Integrating the hopelessness and interpersonal theories of suicide. *Invited resubmission at Comprehensive Psychiatry*.

**Kleiman, E.M.**, Malouf, E.T., Schaefer, K.E., Mehlenbeck, R.S., & Riskind, J.H., Further evidence that friends reduce suicidality in impulsive individuals: Social support buffers the individual facets of impulsivity. *Invited resubmission at Journal of Personality*.

## Manuscripts Under Initial Editorial Review

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**Kleiman, E.M.**, Suicide acceptability as a mechanism of social contagion in a nationally representative sample of adolescents.

Bozzay-Hall, M., Liu, R.T., & **Kleiman, E.M.**, Gender and age differences in suicide mortality in the context of violent death: Findings from a multi-state population-based surveillance system

Kashdan, T.B., **Kleiman, E.M.**, Goodman, F., Machell, K.A., & Montfort, S., The pernicious effects of experiential avoidance during initial encounters with strangers and daily life.

Anestis, M.D., **Kleiman, E.M.**, Lavender, J.M., Tull, M.T., & Gratz, K.L., The pursuit of death versus escape from negative affect: An examination of the nature of the relationship between emotion dysregulation and both suicidal behavior and non-suicidal self-injury.

**Kleiman, E.M.** & Riskind, J.H. Man's best friend as a protective factor against suicide: Pets ownership buffers the risk associated with psychiatric diagnoses.

Riskind, J.H., **Kleiman, E.M.**, Seifritz, E., & Neuhoff, J. Relationships between anxiety and depression symptoms and looming cognitive vulnerability style on anticipatory auditory looming bias.

**Kleiman, E.M.** & Riskind, J.H. An empirical test of an integrated transactional cognitive-vulnerability model of suicide.

Beaver, J.K., **Kleiman, E.M.**, Riskind, J.H., Chrosniak, L.D., & Kashdan, T.B. Meaning in life as a moderating factor in the relationship between impulsivity and suicide

**Kleiman, E.M.** & Riskind, J.H. Cognitive vulnerability to suicide: Review and expansion to an integrated, transactional model

**Kleiman, E.M.**, Hamilton, J.L., Stange, J.P., Alloy, L.B., & Riskind, J.H., Stress generation mediates the relationship between past and current suicidality.

## Manuscripts in Preparation

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**Kleiman, E.M.**, Chiara, A.M., Liu, R.T., Jager-Hyman, S.G., Choi, J.Y., & Alloy, L.B. Optimism and well-being: A prospective multi-method and multi-dimensional examination of optimism as a resilience factor following the occurrence of stressful life events.

Riskind, J.H. & **Kleiman, E.M.** Cognitive Vulnerability to Anxiety and Suicide Ideation over time: Augmenting Effects of Looming Cognitive Style.

**Kleiman, E.M.**, & Riskind, J.H. The role of positive events in the stress generation process: It's not just more negative, but less positive too.

Moss, S., **Kleiman, E.M.**, & Mehlenbeck, R.S. Gratitude buffers the relationship between past and current suicidality.

**Kleiman, E.M.**, & McCloskey, M.S., Emotional reactivity as a mechanism of self-injurious behavior in depression and borderline personality disorder symptoms: Examination of gender as a moderator

**Kleiman, E.M.**, & Riskind, J.H., Grateful people have more to be grateful about: Gratitude as a predictor of self generated positive events.

## Published Abstracts

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Goldstein, K.E., Peterson, C.K., Harmon-Hones, E., Alloy, L.B., **Kleiman, E.**, Nusslock, R., Reilly, D., Abramson, L.Y., Whitehouse, W.G., (2008). Cognitive style and frontal EEG asymmetry during increased goal-striving in bipolar disorder. *Psychophys.*, 45, 547.

## Chaired Symposia

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**Kleiman, E.M.**, (2013, November) *Current status and new directions in suicide research: The interpersonal-psychological theory of suicide and beyond*. Symposium to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.

**Kleiman, E.M.**, & Starr, L.R. (2013, November) *Stress generation: Biological factors, developmental roots, and diverse outcomes*. Symposium to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.

**Kleiman, E.M.** (2012, April) *Stress Generation and Recovery*. Presented at The annual meeting of the Anxiety Disorders Association of America. Arlington, VA.

## Talks (Conference Symposia and Invited Talks)

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**Kleiman E.M.**, Liu, R.T., Puzia, M, & Kraines, M.A (2013, November) Does the interpersonal theory of suicide explain the relationship between childhood abuse and suicidal ideation? A structural equation modeling study in an elevated risk population. In A.B. Miller (Chair). Moving beyond risk factors in the study of adolescent and emerging adult suicidal behavior: The role of mediators and moderators. Symposium to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.

**Kleiman, E.M.**, Liu, R.T., & Riskind, J.H. (2013, November) Can the Interpersonal Theory of Suicide explain the depressive symptom/suicidal ideation relationship? A short-term prospective study using structural equation modelling in an elevated risk sample. In E.M. Kleiman (Chair) Current status and new directions in suicide research: The interpersonal-psychological theory of suicide and beyond. Symposium to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.

Montfort, S.S., **Kleiman, E.M.**, Kashdan, T.B., Machell, K.A, & Goodman, F.R. (2013, November). Capitalization support during an initial social interaction predicts positive memory bias. In T. Erickson (Chair) Amplifying and Dampening Positive Emotional States: Implications for Emotional Disorders. Symposium to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.

## Talks (Continued)

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- Riskind, J.H., & **Kleiman, E.M.** (2013, November) Does Cognitive Risk for Anxiety (Looming Cognitive Style) Influence the Development of Suicidal Ideation? A Short-Term Prospective Study. In E.M. Kleiman (Chair) Current status and new directions in suicide research: The interpersonal-psychological theory of suicide and beyond. Symposium to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- Kleiman, E.M.**, & Riskind J.H., (2013, November) *Broadening the stress generation hypothesis of depression to the impaired generation of self-produced positive events*. In E.M Kleiman, E.M., & L.R. Starr (Co-Chairs) Stress generation: Biological factors, developmental roots, and diverse outcomes. Symposium to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.
- Kleiman, E.M.**, & Riskind, J.H., (2013, October) Grateful people have more to be grateful about: Gratitude as a predictor of self generated positive events. Paper presented at the Greater Good Foundation Conference on Gratitude, Berkely, CA.
- Riskind, J.H., & **Kleiman, E.M.** (2013, June) Pilot Study using Looming Vulnerability Reduction on College Students with Probable GAD. Open paper to be presented at World Congress of Cognitive and Behavioral Therapies, Peru.
- Kleiman, E.M.**, Liu, R.T. & Riskind, J.H. (2012, November) Enhancing Attributional Style as a Resilience Factor in Stress Generation. In L. Star, *Talking About My (Stress) Generation: Tracing the Roots of Self-Generated Stress in Depression*. Symposium presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, National Harbor, MD. (C. Hammen, Discussant).
- Kleiman, E.M.**, Adams, L.M., Kashdan, T.B., & Riskind, J.H. (2012, November) Grit and Gratitude as Interactive Resilience Factors in Suicide. In C. K. Danielson, *Informing Transdiagnostic Models of Psychopathology: Implications for Behavior Change*. Symposium presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, National Harbor, MD. (B. Hankin, Discussant).
- Kleiman, E.M.** & Riskind, J.H. (2012, April) The Role of Co-Occurring Cognitive Vulnerabilities to Anxiety and Depression in the Stress Generation Process. In E.M. Kleiman, *Stress Generation and Recovery*. Symposium presented at the annual meeting of the Anxiety Disorders Association of America. Arlington, VA.
- Wong, J., Glazek, K., Kennedy, C., **Kleiman, E.M.**, Schelble, J., Wright, C. (2011, May). *The Naked Truth Part II: Surviving Graduate School*. Invited talk at the 23<sup>rd</sup> Annual Meeting of the Association for Psychological Science, Washington, D.C.
- Riskind, J.H., **Kleiman, E.M.**, Schaefer, K.E. (2010, November). Cognitive Vulnerability to Anxiety in Stress Generation: Interactions between the Looming Cognitive Style and Anxiety Sensitivity. In R. Auerbach, *symposium on Stress Generation at the Association for Behavioral and Cognitive Therapies Meeting*, San Francisco, CA. (L.B. Alloy, Discussant)

## Departmental Presentations

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- Kleiman, E.M.** (2010). *The Role of Social Support and Positive Life Events as Buffers to Suicide*. Presentation given at the Clinical Psychology Brown Bag Series, George Mason University
- Kleiman, E.M.**, (2010). *Internet Data Collection*. Presentation given at the GMU Clinical Psychology Brown Bag Series.
- Kleiman, E. M.** (2008). *Potential Buffers to Suicide*. Presentation given at the Clinical Psychology Brown Bag Series, George Mason University.
- Kleiman, E.M.**, (2008). *The Efficacy of a Concept-based Studying Method for Introductory Psychology Students*. Presentation given at 2008 Temple Undergraduate Research Forum and Creative Works Symposium (TURF-CReWS). Philadelphia, PA.

*Italics* = Undergraduate student authors under my supervision

Stange, J. P., **Kleiman, E.M.**, Hamilton, J. L., Alloy, L. B., & Riskind, J. H. (2014, April). *Affective Inflexibility and Brooding as Synergistic Predictors of Depressed Mood: A Prospective Study*. Poster accepted for presentation at the 2014 Annual Meeting of the Society for Personality and Social Psychology, Austin, TX.

Blalock, D., Young, K., **Kleiman, E.M.**, & Liu, R.T (2013, November). *Steady as she goes: Grit buffers the effects of negative life events on suicidal ideation*. Poster to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.

Perloe, A., **Kleiman, E.M.**, & Liu, R.T., (2013, November) *Meaning in life is a buffer between depression and suicidal ideation*. Poster to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.

Machell, K., Erb, S.E., **Kleiman, E.M.**, & Short, J.L. (2013, November) *Stress and depression among undergraduates: The role of roommate relationships and gender*. Poster to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.

Rallis, B.A., **Kleiman, E.M.**, Martinson, L., Breithaupt, L., Esposito-Symthers, C.E., & Mehlebeck, R.S. (2013, November) *Joiner's Interpersonal Psychological Theory Applied to Eating Disorders*. Poster to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.

Beaver, J., **Kleiman, E.M.**, Riskind, J.H., Chrosniak, L.D., & Kashdan, T.B. (2013, November) *Meaning in life as a protective factor in the relationship between suicidal ideation and impulsivity*. Poster to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.

**Kleiman, E.M.**, Liu, R.T., *Bozzay-Hall, M.*, & Beaver, J. (2013, November) *Long-term prospective prediction of suicide in a nationally representative sample: Religiosity as a protective factor*. Poster to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.

Erb, S.E., Machell, K., **Kleiman, E.M.**, & Short, J.L. (2013, November) *Family dysfunction and adjustment to college: Implications for a cross-domain buffering effect*. Poster to be presented at the 47<sup>th</sup> Annual Conference of the Association for Behavior and Cognitive Therapies, Nashville, TN.

Liu, R. T., Kraines, M. A., Massing-Schaffer, M., Puzia, M., & **Kleiman, E. M.** (2013, November) *Patterns of suicide mortality and means of lethality in the National Violent Death Reporting System*. Poster accepted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies Meeting, Nashville, TN.

**Kleiman, E.M.**, Liu, R.T., Beaver, J., & Riskind, J.H. (2013, May). *Can the Interpersonal Theory of Suicide explain the depression/suicidal ideation relationship? A short-term prospective study using structural equation modeling*. . Poster presented at the 25<sup>th</sup> annual meeting of the Association for Psychological Science, Washington, DC.

**Kleiman, E.M.**, Liu, R.T. (2013, May) *Social support as a protective factor in suicide: Two studies from American and English nationally representative samples*. Poster presented at the 25<sup>th</sup> annual meeting of the Association for Psychological Science, Washington, DC.

McDonough, L., Bozzay, M., **Kleiman, E.M.**, Riskind, J.H., (2013, May). *Exploring Looming Cognitive Style as a Predictor of OCI-R Subscales*. Poster presented at the 25<sup>th</sup> annual meeting of the Association for Psychological Science, Washington, DC.

Bozzay, M., McDonough, L., **Kleiman, E.M.** (2013, May). *Do hopelessness and rumination predict suicide? A mediated moderation model*. Poster presented at the 25<sup>th</sup> annual meeting of the Association for Psychological Science, Washington, DC.

**Kleiman, E.M.**, Riskind, J.H., *Sceats, R.*, *Cole, B.F.*, *Whatley, S.*, *Alwine, L.* (2012, November). *Social Support as a Protective Factor in Suicide: Replication and Moderators of Joiner's (2005) Interpersonal-Psychological Theory of Suicide*. Poster presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, National Harbor, MD.

- Kleiman, E.M.,** Liu, R.T., & Riskind, J.H. (2012, November). *Depression as a Mediator of Negative Cognitive Style and Hopelessness in Stress Generation*. Poster presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy,
- Riskind, J.H., **Kleiman, E.M.,** Schaefer, K.E., & Malouf, E.T. (2012, November). *Looming Cognitive Style Moderates the Impact of Negative Urgency on Suicide Ideation: A Short-Term Prospective Study with a College Student Population*. Poster presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, National Harbor, MD.
- Rallis, B., **Kleiman, E.M.,** Mehlenbeck, R., Esposito-Smythers, C.L., & Riskind, J.H. (2012, November) *Does Social Support Function as a Protective Factor in Eating Disorder Symptomology?* Poster presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, National Harbor, MD.
- Riskind, J.H., & **Kleiman, E.M.** (2012, November). *The Role of Co-Occurring Cognitive Vulnerabilities to Anxiety and Depression in the Stress Generation Process*. Poster presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, National Harbor, MD.
- Breithaupt, L.,* Rallis, B., **Kleiman, E.M.,** & Mehlnebeck, R.S., *Rumination and Self-Control Interact to Predict Bulimic Symptomatology in College Students*. Poster presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy (Obesity and Eating Disorders SIG), National Harbor, MD.
- Kleiman, E.M.,** Malouf, E.T., Schaefer, K.E., Riskind, J.H., *Cole, B.F., & Cisler, D.* (2012, November). *Perceived Social Support as a Buffer in the Relationship Between Impulsivity and Suicide Ideation: A Prospective Examination of the Individual Facets of Impulsivity*. Poster presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, National Harbor, MD.
- Kleiman, E.M.,** Miller, A.B., Riskind, J.H., *Alwine, L., & Whatley, S.* (2012, November). *Enhancing Attributional Style as a Protective Factor in Suicide*. Poster presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, National Harbor, MD, November 2012.
- Kaczmarek, L.D., Mickiewicz, A., Kashdan, T.B., **Kleiman, E.M.,** Baczkowski, B., Enko, J., Sievers, A., Szaefer, A., Krol, M., & Baran, B. (2012, July). *Who self-initiates gratitude interventions in daily life? An examination of intentions, curiosity, and unhappiness*. European Conference of Positive Psychology, Moscow, Russia.
- Kleiman, E.M.,** Liu, R.T., & Riskind, J.H. (2012, May). *Enhancing Attributional Style as a Protective Factor in Stress Generation*. Poster presented at the annual meeting of the Association for Psychological Science. Chicago, IL.
- Kleiman, E.M.,** Riskind, J.H., *Cole, B.F., Beaver, J. & Sceats, R.* (2012, May) *Man's Best Friend: Pets as Protective Factors in Suicide*. Poster presented at the annual meeting of the Association for Psychological Science. Chicago.
- Kleiman, E.M.,** Riskind, J.H., Adams, L.M., & Kashdan, T.B. (2012, May). *Dispositional and Explanatory Optimism as Synergistic Protective Factors in Suicide*. Poster presented at the annual meeting of the Association for Psychological Science. Chicago.
- Kleiman, E.M.,** Adams, L.M, Kashdan, T.B., Riskind, J.H., *Alwine, A, & Cisler, D.* (2012, May). *Gritty Individuals are not Suicidal Individuals: Grit as a Protective Factor in Suicide*. Poster presented at the annual meeting of the Association for Psychological Science. Chicago, IL.
- Kleiman, E.M.,** Malouf, E.T., *Cole, B., Sceats, R, & Riskind, J.H.,* (2012, April) *Vulnerabilities to Anxiety and Suicide: Negative Urgency and Looming Maladaptive Style as Interactive Predictors of Suicide Ideation*. Poster presented at the annual meeting of the Anxiety Disorders Association of America, Arlington, VA.
- Kleiman, E.M.,** Riskind, J.H., & *Bozzay, M.* (2011, November) *Self-Esteem as a Protective Factor in Cognitive Risk for Suicide*. Poster presented at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy (Suicide SIG), Toronto, ON.
- Kleiman, E.M.,** Riskind, J.H., *Danvers, A., Weingarden, H., & Schaefer, K.E.* (2011, November) *A Multiple-Mediator Model of the Relationship Between Perceived and Utilized Social Support, Self Esteem, and Suicide*. Poster presented at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, Toronto, ON.
- Kleiman, E.M.,** Riskind, J.H., & Schaefer, K.E. (2011, November). *Suicide Expectancies as an Index of Suicide Risk*. Poster presented at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, Toronto, ON.

- Kleiman, E.M.,** Schaefer, K.E., Weingarden, H., Danvers, A., Riskind, J.H., Weismore, J.T., & Esposito-Smythers, C.L., (2011, November). *Past Self Injury Moderates the Relationship Between Dysfunctional Attitudes and Suicide Risk: A Test of Joiner's (2005) Interpersonal Theory of Suicide*. Poster presented at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, Toronto, ON.
- Schaefer, K., **Kleiman, E.M.,** Esposito-Smythers, E. Miller, A. B., & Perloe, A. (2011, November) *The Moderating Role of Aggression on the Relationship Between Impulsivity and Suicidal Behavior in a Clinical Adolescent Sample*. Poster presented at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy. Toronto, ON.
- Weingarden, H., **Kleiman, E.M.,** Danvers, A. & Riskind, J.H. (2011, November) *Adolescent Risk Factors of Social Anxiety Disorder: Findings from the National Comorbidity Survey-Replication*. Poster presented at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, Toronto, ON.
- Erb, S.E., **Kleiman, E.M.,** Riskind, J.H., Short, J. (2011, November). *Parental Relationship Depth as a Protective Factor for Depression and Anxiety in Stepchildren*. Poster presented at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, Toronto, ON, November 2011.
- Erb, S.E., **Kleiman, E.M.,** Riskind, J.H. (2011, November). *Gender Differences in Rates of Lifetime Suicide Attempts Among Stepchildren*. Poster presented at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, Toronto, ON, November 2011.
- Kleiman, E.M.,** Schaefer, K.E., Weismore J.T., Riskind, J.H.. & Esposito-Smythers, C.L. (2011, May) *The Role of Social Support as a Buffer to Suicide*. Poster Presented at the Annual Meeting of the Association for Psychological Science. Washington, D.C.
- Kleiman, E.M.,** Schaefer, K.E., Weismore J.T., Riskind, J.H.. & Esposito-Smythers, C.L. (2011, May). *The Role of Self Esteem as a Mediator of the Relationship Between Social Support and Suicide: A Test of the Sociometer Hypothesis in Suicidality*. Poster Presented at the Annual Meeting of the Association for Psychological Science. Washington, D.C.
- Kleiman, E.M.,** Schaefer, K.E., Weingarden, H., Weismore, J., Riskind, J.H., & Esposito-Smythers, C.L. (2010, November) *The Moderating Role of Social Support on the Relationship Between Impulsivity and Suicide Risk*. Poster presented at the 44<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, San Francisco, CA.
- Schaefer, K.E., **Kleiman, E.M.,** Riskind, J.H., Danvers, A., Jeanes, K., Stolz, M., Zhao, M. (2010, November) *The Role of Experiential Avoidance in Predicting High-Risk Sexual Behavior Among College Students*. Poster presented at the 44<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, San Francisco, CA.
- Kleiman, E.M.,** Schaefer, K.E., & Riskind, J.H. (2010, November) *The Mediating Role of Positive Events on the Relationship Between Negative Life Events and Distress*. Poster presented at the 44<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, San Francisco, CA.
- Kleiman, E.M.,** Schaefer, K.E., Weismore, J.T., *Bhathia, C., Halstead, M.,* Riskind, J.H., Esposito-Smythers, C (2010, November). *The Role of Optimism as a Protective Factor in the Relationships Between Dysfunctional Attitudes, Depression, and Suicide*. Poster presented at the Association for Behavioral and Cognitive Therapies Meeting, San Francisco, CA.
- Kleiman, E.M.,** Riskind, J.H., & Schaefer, K.E., (2010, November). *A Longitudinal Examination of the Effects of Co-Occurring Cognitive Vulnerabilities to Anxiety and Depression on their Co-morbid Symptoms*. Poster presented at the 44<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, San Francisco, CA.
- Kleiman, E. M.,** Schafer, K., Riskind, J.H., (2010, June). *Examining the Effects of Co-Occurring Cognitive Vulnerabilities and Comorbid Anxiety and Depression*. Poster presented at the World Congress of Cognitive and Behavioral Therapies, Boston, MA.
- Kleiman, E.M.,** Esposito-Smythers, C., Weismore, J., & Riskind, J.H., (2009, November). *The Role of Positive Life Events on Suicide and NSSI in an Adolescent Psychiatric Inpatient Unit*. Poster presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, New York, NY.
- Kleiman, E.M.,** Marley, B.A., Smith, J., Liu, R.T., Bender, R.E., Wagner, C., & Alloy, L.B., (2009, November) *Linking Rumination with Behavioral Disengagement and Self-Blame Coping Styles*. Presented at the 43<sup>rd</sup> annual meeting of ABCT, New York, NY.



Riskind, J.H., Denenny, D., Shaver, J., **Kleiman, E.M.**, Wilson, A., Bhathia, C.A., Abdallah, J., Lim, Y.B., & Costello, S., (2009, November) *Thought Suppression and the Bizarreness of Intrusive Thoughts*. Poster presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapy, New York, NY.

Goldstein, K.E., Bender, R.E., Nusslock, R., Alloy, L.B., Black, S.K., Conner, B.T., Peterson, C.K., Harmon-Jones, E., **Kleiman, E.**, Whitehouse, W.G., & Abramson, L.Y. (2009, September) *Frontal EEG asymmetry in individuals with bipolar spectrum disorders as a predictor of substance and alcohol use problems*. Poster presented at the Society for Research in Psychopathology Meeting, Minneapolis, MN.

Walshaw, P. D., Alloy, L. B., **Kleiman, E.**, & Keyser, J. (2008, November). Prefrontal function in bipolar disorder and attention-deficit hyperactivity disorder during rest, inhibition, and reinforcement. Poster presented at the 42<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Goldstein, K.E., Peterson, C.K., Harmon-Jones, E., Alloy, L.B., **Kleiman, E.**, Nusslock, R., Reilly, D., Abramson, L.Y., Whitehouse, W.G., (2008). *Cognitive style and frontal EEG asymmetry during increased goal-striving in bipolar disorder*. Poster presentation at the 48<sup>th</sup> Annual Society for Psychophysiology Research Convention, Austin, TX.

Smith, J.M., Sanflippo, J., Liu, R., **Kleiman, E.**, Reilly, D., Feldman, K., Wagner, C., Bender, R., and Alloy, L.B. (2007, November) *Experiential Avoidance Strategies in High Ruminating University Students*. Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Sanflippo J., Smith J.S., Liu R., **Kleiman E.**, Reilly D., Bender R., Wagner C., Alloy L.B., (2007, November). *Gender Role Orientation and Depressogenic Risk Factors in University Students*. Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Wagner, C.A., Bender, R.E., Smith, J., Hughes, M., Sanflippo, J., Liu, R.T, **Kleiman, E.**, Reilly, D., Feldman, K., and Alloy, L.B. (2007, November) *Emotional Expressiveness as a Predictor of Affective Response to a Negative and Positive Mood Induction*. Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Keyser, J.D., Gerstein, R. K., Jager-Hyman, S., Liu, R., **Kleiman, E.**, Walshaw, P.D. & Alloy, L.B., (2007, November). *Does alcohol and substance use predict lifetime and prospective suicidal behaviors in bipolar individuals?* Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

## Non Academic Publications

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**Kleiman, E.M.** (2011), An Important Decision You Might Not Know About: Choosing an Undergraduate Mentor. *APSSC Undergraduate Update*. Fall 2011.

Meier, L.J., & **Kleiman, E.M.**, (2011) *Northern Virginia Area Autism Needs Assessment*. Presented to various law makers, community members, and ASD professionals.

## Funding

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### Received

#### **Gratitude as a suicide resiliency factor: Exploration of moderators and behavioral, social, and psychological mechanisms.**

Funded by: The Greater Good Science Center at the University of California

Role: Principal Investigator

Performance period: September 2013 – August 2014

Total costs: \$9299

#### **Society for the Science of Clinical Psychology (SSCP) Dissertation Award**

Funded by: Society for the Science of Clinical Psychology

Total cost: \$500

#### **George Mason University College of Humanities and Social Sciences Dissertation Completion Award**

Funded by: GMU CHSS Provost's Office

Total cost: \$8000

## Funding (continued)

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### **Community Psychology Project: Needs Assessment for the Northern Virginia Autistic Community**

Funded by: Parents of Autistic Children of Northern Virginia (POAC) and Organization for Autism Research  
Total cost: \$2400 (\$1200 from each organization)

### **Temple University Diamond Peer Scholar Program**

\$2500 award from the Office of The Vice Provost

### **Submitted**

#### **Risk and Protective Factors in Suicide: A Feasibility Study of Combined Prospective and Daily-Diary Approaches**

Submitted to American Foundation for Suicide Prevention  
Original Score: 4.0, resubmission under review.  
Total costs: \$29,489, Role: Principal Investigator

### **Grant Supported Positions**

#### **Innovate Against Time: Drivers and Mechanisms of Knowledge Innovation (2011 – 2013)**

Source: National Science Foundation  
Role: Subcontractor  
PI: Leslie DeChurch (GA Tech), Steven Zaccaro (GMU)

#### **District of Columbia College Success Foundation**

Source: Bill and Melinda Gates Foundation  
Role: Subcontractor

### **Travel Awards**

#### **APS Student Caucus Travel Award**

\$200 provided by the Association for Psychology Science

#### **George Mason University Graduate Student Travel Fund**

\$137 provided by the Office of Student Activities (2009)  
\$400 provided by the Office of Student Activities (2010)

## Research Background and Experience

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### **Primary Interests**

Intra- and inter-personal risk and resiliency factors in suicide and stress generation.

July 13 – present

#### **Mechanisms of Affect Dysregulation Lab: Predoctoral Intern**

Temple University, Philadelphia, PA

- Conduct structured clinical interviews (e.g., SCID, SID-P)
- Therapist on RCT for intermittent explosive disorder.

Sept 08 – June 13

#### **Cognitive Vulnerability to Anxiety Lab: Research Associate to Dr. John H. Riskind**

George Mason University, Fairfax, VA

- Project manager for several studies on cognitive vulnerabilities, stress generation, and suicide.
- Managed large team of undergraduate and post-BA research assistants.
- Responsible for all data management.

Oct 06 – Aug 08

#### **Mood and Cognition Lab: Research Assistant to Dr. Lauren B. Alloy**

Temple University, Philadelphia, PA

- Wrote protocols for NIMH funded study (R01) examining bipolar disorder in a behavioral high-risk design.
- Managed computer lab, collected data via EEG and EKG for three studies.
- Wrote several computer programs to collect data on laptops

## Theses

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**Dissertation:** The stress generation theory explains unanswered questions in suicide research: An integrated transactional diathesis-stress model of suicide (Chair: John H. Riskind, Ph.D.)

**Master's Thesis:** The role of social support and positive events as protective factors in suicide (Chair: John H. Riskind, Ph.D.)

## Therapy Experience

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- Aug 13 – present      **Therapist, Department of Psychology, Temple University**
- Performed CBT treatment of intermittent explosive disorder as part of a NIMH-funded randomized clinical trial
- July 13 – present      **Therapist, Outpatient Department, Temple University Department of Psychiatry  
Temple University Hospital System, Philadelphia, PA**
- Performed CBT interventions for a variety of low-income clients with wide range of psychopathology.
- Aug. 12 – May 13      **Therapist, Inova Outpatient Behavioral Health**  
Inova Hospital System, Fairfax, VA
- Performed brief CBT interventions for individuals who are currently seeking medication management
  - Patients were often recently hospitalized and experienced a wide variety of severe mental illness
- Aug. 2012      **Therapist, Inova Outpatient Behavioral Health**  
**Inova Fairfax Hospital, Fairfax, VA**
- Shadowed psychiatric liaison on overnight hospital shifts, observed suicide risk assessments
- Jul. 12 – May 13      **Therapist, Inova Pediatric Endocrine Clinic**  
**Inova Hospital System, Falls Church, VA**
- Provided short-term individual and family psychotherapy to children and adolescents with secondary psychopathology due to medical issues.
- Sep. 09 – Aug. 12      **Therapist, Center for Psychological Services**  
**George Mason University, Fairfax, VA**
- Provided weekly individual and group CBT to clients presenting with a variety of psychopathology.
- Aug 05- Aug 10      **Counselor, Weekend for Improving Social Effectiveness**  
Behavior Therapy Associates, Wycombe, PA
- Overnight weekend-long social skills training and one on one and group interaction with children age 6-15 suffering from ASD, PDD, ODD, ADHD, and other co-morbid conditions.

## Assessment Experience

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- Sept 09 – May 13      **Psychodiagnostic Evaluator, Center for Psychological Services**  
George Mason University, Fairfax, VA
- Conducted comprehensive psycho-educational assessments, including intellectual, academic, personality, and social-emotional functioning.
  - Scored protocols, write integrated reports, and provide feedback to clients.
  - Conducted mental health evaluations for court-referred patients and adoption evaluations.
- Jan 08 – May 13      **Psychodiagnostic Evaluator, Cognitive Assessment Program**  
George Mason University, Fairfax, VA
- Performed assessments of cognitive functioning for children 7–12 years old for Fairfax County's Gifted and Talented Program.
  - Scored protocols, write reports, and provide feedback to parents.

## Honors Theses Supervised

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Jenna Beaver, 2012: "Suicide, impulsivity, and meaning in life: Meaning in life as a suicide protective factor" (Chair)

\*\* Jenna Beaver won the 2012 Outstanding Honors Project Award

Alexandra Martelli, 2012: "Mediators of social anxiety symptom reduction in depressed, obese adolescents"

Yong-Bee Lim, 2010: "The accelerative effect of the looming cognitive style on time perception through scalar timing theory"

## Professional Affiliations

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- Student Member, Association for Psychological Science, November 2010-present
- Student Affiliate, Academy of Cognitive Therapy, April 2010-present
- Student Member, Society for Clinical and Social Psychology, May 2010-present
- ABPP Early Entry Program, October, 2009
- Student Member, International Association for Cognitive Psychotherapy, August 2008- present
- Student Member, Association for Behavior and Cognitive Therapy, September 2007- present
- Member, Psi Chi (The national honors society in Psychology). April 2006- present
- Student Affiliate, American Psychological Association January 2005-present
  - Member, Division 2: Society for the Teaching of Psychology, September, 2009-present
  - Student Member Section 3, Div 12: Society for a Science of Clinical Psychology (SSCP), March 2008- present

## Reviewing Experience

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### Ad-hoc reviewer

*Journal of Social and Clinical Psychology*

*International Journal of Cognitive Psychotherapy*

*Depression and Anxiety*

*Clinical Medicine Insights: Psychiatry*

*Suicide and Life Threatening Behavior*

*Psychiatry Research*

Cengage Education

Pearson Education

APA Conference Presentations (Div 12)

*Industrial Health*

*BMC: Psychiatry*

*Behavior Therapy*

### Research Grants/Awards

Reviewer for Association for Psychological Science Student Caucus Research Grant Competition

Reviewer for Association for Psychological Science Student Caucus Research Award Competition

## Teaching Experience

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### Assistant, Psychology Honors Program

Supervisor: Linda Chrosniak, Ph.D.

- Responsible for overseeing 14-20 honors projects per year.
- Advised students on how to run analyses and plan studies

### Other teaching at Mason:

PSYC301: Research Methods Lab (6 times)

PSYC231: Social Psychology (2 times)

PSYC100: Introductory Psychology Recitation (4 times)

### At Temple:

Spring 2007-2008

Fall '05-Fall '08

**Creator, Psychology Tutoring Program**

**Peer Instructor, Freshmen Seminar Program**

## Consultation and Service to the Community

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### Student Listserv Facilitator, Society for a Science of Clinical Psychology (SSCP), 2012-present

Encouraged discussion on listserv and moderated discussion among members.

### Student Listserv Administrator, Society for a Science of Clinical Psychology (SSCP), 2012-2013

Converted list to new format, added new members, was responsible for day to day operation of listserv.

### Community Psychology Project: Needs Assessment for the Northern Virginia Autistic Community

Conducted a needs assessment for services to Northern Virginia Autistic Community in partnership with Parents of Autistic Children of Northern Virginia (POAC-NoVA), Autism Society of Northern Virginia (ASNV), and the Organization for Autism Research (OAR). (Supervisor: Lisa Meier, Ph.D)

### Head Judge and Coordinator, Philadelphia Area Psi Chi Psychology Research Conference, 2008

Responsibilities included website design and maintenance, training judges, and coordinating the research day event.

## Service to the Department

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### At Mason

#### **Clinical Research Database, George Mason Center for Psychological Services**

- Managed collection of baseline and end of treatment data in order to track treatment progress and to evaluate the effectiveness of treatment provided by center staff, oversaw team of RAs.

#### **Student Liaison -- Student Liaison Committee to the GMU Clinical Psychology Program Faculty**

- Advocated for students and aided in communication with faculty.
- Held program-wide town hall meetings, Organized brownbags and panels for the program.

#### **GMU Department of Psychology Mentoring Committee**

- Created a website to allow previous TAs to share materials with new TAs.
- Attending mentoring committee meetings.

#### **GMU Department of Psychology Diversity Committee**

- Created and maintained website for departmental diversity committee.

### At Temple

#### **Vice President, Psi Chi, Temple University Chapter**

#### **Student Government Representative, Psi Chi, Temple University Chapter**

#### **Vice President for Student Affairs, Temple University Psychology Majors Association**

## Computer-related Positions

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#### **Dr. June Tangney's Human Emotions Research Lab**

Maintained network of lab computers, maintained several SQL/MSAccess databases.

#### **GMU Center for Psychological Services**

Directed several large projects including: new website design, new A/V camera installation, setup and maintenance of new computers/network, setup and maintenance of Titanium Scheduling Software.

## Lab, Community, and Other Psychology Websites Designed

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GMU I/O Psychology Students Association	Dr. Todd B. Kashdan's Laboratory Website
GMU Cognitive Assessment Program	Dr. Adam Winsler's Laboratory Website
GMU Center for Psychological Services:	Dr. Christianne Esposito-Smythers' Lab Website
GMU Biopsychology Program	Dr. Todd B. Kashdan's Personal Website
GMU Applied Developmental Psychology Program	Dr. Leslie DeChurch's (GATech) Lab Website
Dr. John Riskind's Lab Website	Dr. Sarah Fischer's Lab Website

## References

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Available upon request